

Thamesview

Family Health Team

Healthy Brain Websites:

1. Wiser Now - <http://www.wisernow.com/>
 - a. Mind Play Connections e-books
 - b. Mind Play Connections monthly e-newsletter
 - c. Free sample products available
2. Brain Aerobics Weekly - <http://brinaerobicsweekly.blogspot.ca/>
 - a. Weekly subscriptions available
 - b. Free trial edition
3. Set Game – www.setgame.com
 - a. Word games, set games and puzzles
 - b. Download free daily “Set Game”
4. Jig Zone – www.jigzone.com
 - a. Free daily jigsaw puzzle
5. Maze works – www.mazeworks.com
 - a. Tower of Hanoi and other problem solving games
6. Happy Neuron - <http://www.happy-neuron.com/brain-games>
 - a. Games for memory, attention, language, executive functioning
 - b. Able to create a free account
7. Lumosity - <http://www.lumosity.com/>
 - a. Can create a free trial online account in order to access games

8. Posit-Science - <http://www.positscience.com/games-teasers>
 - a. Free memory games, word games, mind games, brain teasers
9. Sharp Brain - <http://www.sharpbrains.com/>
 - a. Go to second tab at the top (brain teasers)
10. Cognitive Labs - <http://www.cognitivelabs.com/>
 - a. Free online games
11. Piece of Mind –Mind Challenges
 - a. <http://pomindcake.com/>
12. Brain Training Exercises
 - a. <http://www.ludism.org/mentat/BrainTrainingGames>
 - b. List of various websites that contain brain games